

Sub
A2

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	35.5	10.5	20	65	0.1	3.0	0.95
Gender	1.5	0.5	1	2	0.0	0.0	0.99
Marital Status	1.5	0.5	1	2	0.0	0.0	0.99
Education	12.5	2.0	9	16	0.1	3.0	0.95
Income	1500	500	500	3000	0.2	3.5	0.90
Occupation	1.5	0.5	1	2	0.0	0.0	0.99
Health Status	1.5	0.5	1	2	0.0	0.0	0.99
Stress Level	2.5	1.0	1	4	0.1	3.0	0.95
Life Satisfaction	3.5	1.0	1	5	0.1	3.0	0.95
Resilience	2.5	1.0	1	4	0.1	3.0	0.95
Optimism	3.5	1.0	1	5	0.1	3.0	0.95
Emotional Stability	2.5	1.0	1	4	0.1	3.0	0.95
Self-Esteem	3.5	1.0	1	5	0.1	3.0	0.95
Life Satisfaction	3.5	1.0	1	5	0.1	3.0	0.95
Resilience	2.5	1.0	1	4	0.1	3.0	0.95
Optimism	3.5	1.0	1	5	0.1	3.0	0.95
Emotional Stability	2.5	1.0	1	4	0.1	3.0	0.95
Self-Esteem	3.5	1.0	1	5	0.1	3.0	0.95